

Bubbles Bubbles Bubbles

Activity: Travel to a local drug, toy, or department store and purchase a quart of bubbles. This is a very inexpensive item that can usually be purchased for fewer than \$5. If expense is an issue, below is a homemade recipe.

*1/2 cup of dishwashing liquid (Dawn or Joy)
2 cups of water
2 teaspoons of sugar*

Take the time to travel with your child in the car, on foot, or possibly on a bicycle and explain the activity you are about to embark on. When your child begins the attempt of blowing bubbles, it can be a somewhat difficult task to master. Begin by teaching your child that he/she cannot blow with too much force. Show them how to form their lips and to blow without blowing too hard. Encouraging them to count the amount of bubbles that float into the air. You may also show your child how big or little the bubbles can be blown by the amount of force that is give. Pop the bubbles by running through them, swatting at them, or jumping on them. You may also encourage your child to attempt to “catch” a bubble on the bubble wand without popping it and attempt to blow more bubbles with the captured bubble! Show your child that if the sun hits a bubble just right, you can see the colors of the rainbow.

What your child is learning: This activity will provide you time to bond with your child by taking a trip to a local store to purchase an item. Children love to travel places with their father, and storytelling about your activity will send a message about your excitement. Assisting them with the process of blowing the bubbles will increase your child’s directive following skills and patience. Encourage your child to count each of the bubbles, as this will develop their numerical skills, while color recognition develops with identifying colors of a rainbow. Running, jumping, and swatting at the bubble develop large muscle groups (gross motor skills), while catching a bubble on the bubble stick develops his/her small muscle groups (fine motor skills).

IN-KIND: In-kind donations are services and/or contributions to be used for non-federal match for Head Start and Early Head Start programs. The services and/or contributions are not to be used by any other federal program.

Date	Description of Activity	Amount of Time	Value or per Hour Rate	Your Relationship to Child

Participant Name (Please Print) _____ Signature _____ Date _____

Staff Name (Please Print) _____ Signature _____ Date _____