

Importance of Music

Activity: It is great for you to expose your baby to many different types of music. While you listen to music, hold your baby in your arms and move to the music’s beat and rhythm. Gently bounce to the beat, sway back and forth. Don’t forget that a car ride to the grocery store is the perfect time to sign to your child.

What your baby is doing: Your baby is listening to the music’s repetition, rhyme and rhythm. Again, repetition, rhyme and rhythm are three elements that are valuable language teaching tools. Repetition allows anticipation to the words that your baby will hear. The music emphasizes particular rhythm and syllables. Your baby learns language by mentally categorizing sounds into groupings that sound similar. Babies need to hear sounds in order to incorporate into their speech. They are identifying patterns in the music and this is the first step in reading, math and memory.

Your baby’s motor development is being tested because the natural response, even at this young age, to music is to move.

IN-KIND: In-kind donations are services and/or contributions to be used for non-federal match for Head Start and Early Head Start programs. The services and/or contributions are not to be used by any other federal program.

Date	Description of Activity	Amount of Time	Value or per Hour Rate	Your Relationship to Child

Participant Name (Please Print) Signature Date

Staff Name (Please Print) Signature Date